

ATHLETIC PERFORMANCE



TRAINING CENTER

APTC Pricing Schedule

- **Athletes Strength & Conditioning**
 - 1-4 Sessions = \$30.00 per session
 - 5-9 Sessions = \$25.00 per session
 - 10 Sessions = \$225 (\$22.50 per session)
 - 20 Sessions = \$400 (\$20.00 per session)
 - 30 Sessions = \$600 (\$20.00 per session)
 - 40 Sessions = \$800 (\$20.00 per session)
 - 50 Sessions = \$875 (\$17.50 per session)
 - 100 Sessions = \$1,500 (\$15.00 per session)
- **Small Group Training - Monthly "Unlimited" = \$250/month**
- **Adult Strength & Mobility**
 - 10 Sessions = \$200 (\$20.00 per session)
 - 20 Sessions = \$350 (\$17.50 per session)
 - 50 Sessions = \$750 (\$15.00 per session)
 - 100 Sessions = \$1,250 (\$12.50 per session)
- **Private (one-on-one) Training**
 - Half Session = \$37.50 (25-30 minutes)
 - Full Session = \$65 (45-50 minutes)
- **Two (2) customers, same family = 10% discount**
- **Three (3) customers, same family = 20% discount**
- **Group and team discounts available**

ENCOURAGEMENT, MOTIVATION, LIFE LESSONS = NO CHARGE

*****Sessions will not expire unless they are unused for a period of more than one year*****

*****A 3.5% credit card processing fee is added to *all* credit card and PayPal purchases*****

Please visit our website at www.APTCStrength.com